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SUPER FOOD FOR THE SUPER BOWL

WHERE TO HANG OUT WHILE YOU STRESS-EAT. PAGE 24

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Salvaging Juno's bounty

Giving back. Brooklyn resident Kristine Michelsen-Correa stocked up for Snowmaggedon. Now that the storm's past, she launched a website to help fellow hoarders help those in need. PAGE 02

Kristine Michelsen-Correa at a grocery store. / BESS ADLER, METRO

Rats plague public housing residents

PAGES 8-9

A new approach to natural skincare

PAGE 22

Dyer: New York teams lose with dignity

PAGE 27

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1 NEWS

Top 3

The best of Metro.us

1 Recipe: Warm yourself up with Chicken Wonton Soup

2 Second Shift: How to live making every minute count

3 Where to get take out for your Super Bowl party

On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play to get all the latest in news, sports, lifestyle and entertainment for free.

Kristine Michelsen-Correa started blizzardleftovers.com (right) to help New Yorkers find local food banks to donate extra food purchased for Juno. / BESS ADLER, METRO

Snowstorm hoarders chance to give back

Weather. Brooklynite starts social media movement to donate leftovers to charity.

As Winter Storm Juno menaced the city on Monday, New Yorkers ransacked supermarkets, stocking up on milk, eggs, bread and other essentials in case the big one hit.

As we know, the blizzard was a bust. And Brooklyn resident Kristine Michelsen-Correa is hoping to turn the collective buyer's remorse into more donations for local food banks and soup kitchens.

Michelsen-Correa, 30, decided to launch blizzardleftovers.com on Tuesday after she realized she and many New Yorkers had bought much more food than necessary for the 10 inches or so of snow that ended up falling.

She said she got swept up in the pre-storm hype, as officials shut down roads and mass transit, and hit small markets in her neighborhood on Monday evening to stock up.

"I woke up on Tuesday and I walked into the kitchen, without drinking coffee, looked outside and had a moment of 'What was I thinking'?" Michelsen-Correa said.

Though she hasn't done volunteer work with food banks before, Michelsen-Correa said she was inspired to go beyond getting rid of her leftovers, she wanted to get others on board.

Visit **Metro.us** to learn more about giving to food banks.

"People tend to give during the holidays, they taper off in January and the rest of the winter months," Michelsen-Correa said. "It's a great time to get New Yorkers excited, and let them know food pantries are still in need."

By Tuesday evening, Michelsen-Correa assembled links on blizzardleftovers.com that point New Yorkers in the right direction on where to donate.

According to the Food Bank for New York City, 1.4 million people of New Yorkers are food insecure, and more than 1.7 million in the city receive food stamps.

Lisa Hines-Johnson, chief operating officer, said her organization and others are coming off of the holiday peak when donations are up.

"I think it's great. Good for her," Hines-Johnson said of #blizzardleftovers. "People forget it could be their next door neighbor who is struggling."

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Want to help?

- Blizzardleftovers.com for more information on donating
- Send tips and photos to @blizzleftovers and #blizzardleftovers
- Call 311 or go to foodbanknyc.com/foodprogramlocator to find a pantry or soup kitchen
- 1.4 million New Yorkers are food insecure: 22% of Bronx residents, 20% of Brooklyn residents, 6% of Manhattan residents, 14% of Queens residents and 11% of Staten Island residents.

Brooklyn

Man charged in Tuesday shooting

The NYPD has arrested a Brooklyn man on charges of second-degree murder and criminal possession of a weapon after a Tuesday night shooting.

Police say Herman Lancaster, 30, is responsible for shooting Kerwim Craigwell, 42, in front of a deli on Nostrand Avenue near Flatbush Avenue.

Craigwell was shot in the lower back, and later pronounced dead at Kings County Hospital.

Lancaster allegedly shot Craigwell for not respecting his status in the "Insane Gangsta Crips" gang, the Daily News reported, citing a police source. **METRO**

Corruption. Silver's problems slow New York's budget process

Silver / GETTY IMAGES

The loss of New York Assembly leader Sheldon Silver from state budget negotiations following his arrest on corruption charges could delay the process and threaten recent strides toward better fiscal management.

Silver has presided over the state's budget negotiations for two decades as speaker and is widely seen as having clout, influence and experience that will be hard to replace.

His arrest on charges of pocketing $4 million from bribery and kickback schemes comes a little over two months before the April 1 budget deadline. **REUTERS**

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Citibike users blue after Juno

A Citi Bike rack is half empty on Lower Broadway / WILL SPEROS, METRO

Shortage. A combination of closed stations and empty racks leave cyclists without a ride to work.

Some hardy bikers found themselves without a ride Wednesday morning when it was reported that 69 Citi Bike stations— 20 percent of the system— were out of service. And 52 open stations were reported empty, rendering a third of the Citi Bike network unusable, according to the Bike Share NYC blog.

At 8:30 AM, only 1,400 bikes were available for use. Close to 3,000 Citi Bikes were available before the snow hit. Brooklyn had the most closed bike stations.

Citi Bike used social media to inform riders its workers had been shoveling and rebooting the downed stations since Tuesday.

Bike Share NYC said it suspected the bikes were removed after many Citi Bikes were damaged by snow plows last winter.

A cursory tour of Citi Bike racks in the Financial District showed most of them all but empty, and no riders on local streets.

"You're always going to have die-hard people biking around all year," said Gus Harris of Bicycle Renaissance on Columbus Avenue.

Citi Bikes are particularly well-designed for snow, as they come equipped with fenders, bright lights, and fat tires.

Biking advocacy group Transportation Alternatives says the city has seen double-digit growth in ridership since 2010.

As Citi Bikes are among the most durable cycles for winter, more people will ride a Citi Bike in the snow than risk damaging their own bike, said Eric Schofield of Bicycle Habitat on Lafayette Street.

Representatives from Citi Bike were unavailable to comment on their plan to keep their roughly 350 stations in service as the city faces forecasts of more snow this week.

Quoted

"You're always going to have die-hard people biking around all year." Gus Harris

WILL SPEROS
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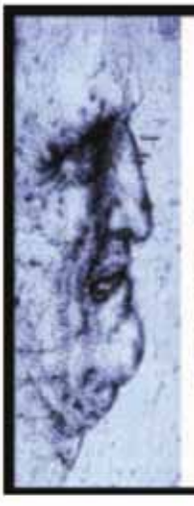

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MKT 14.33 v2

Bronx

Man on mini-bike dies after crash

A 21-year-old Bronx man was killed earlier this month after he ran his mini-bike into a car in the Longwood neighborhood of The Bronx, police said Wednesday.

The accident involving Gene Ortiz took place at 9:20 p.m. on Jan. 9. Police said Ortiz was riding his mini-bike on Westchester Avenue near Southern Boulevard when he tried to make a U-turn crossing a double yellow line into the path of an oncoming Toyota Camry.

Ortiz was taken to Lincoln Hospital in critical condition with head trauma, and died two days later. The Camry driver, a 65-year-old man, has not been charged with a crime.

The NYPD Collision Squad is investigating the accident.

WENDY JOAN BIDDLECOMBE

Snowstorm cleanup costs hazy, chance of millions

Preparation. The city hopes to keep costs under budget this season.

City workers cleared a Brooklyn street Tuesday. / GETTY IMAGES

The exact amount that New York City spends on snow cleanup is as unpredictable as the weather.

The old measure that every inch of snow costs the city $1 million is no longer the case, according to a report from city Comptroller Scott Stringer's office.

It's still too early to tell how much the city spent on overtime for emergency workers and equipment deployed Monday and Tuesday to handle the storm. Despite the threat of almost three feet of snow, the blizzard left just about 10 inches on the ground.

At the state level, Gov. Andrew Cuomo told reporters to assume emergency services overtime went into the "millions of dollars" range.

But being prepared pays off, Stringer told Metro.

"Getting snow removal right at the beginning of the season … does set a tone to limit higher costs," he said.

That means budgeting appropriately for snow can help alleviate what usually turns out to be a huge taxpayer expense.

In 2014, the Sanitation Department's $57.3 million snow removal budget ballooned quickly to $130 million after 56 inches of snow led to big-ticket overtime and outside contractor costs.

By contrast, the city only spent $25.4 million on snow removal in 2008 when less than 15 inches of snow fell on the city. The report nonetheless noted the city tends to spend more per inch to remove snow and ice in years with fairer weather.

Stringer explained that little snowfall can lead to big costs because the city still needs to prepare for any and every snow storm, regardless of how much actually accumulates.

On Tuesday, Moody's Analytics released early estimates that the snow and subway shutdown cost about $200 million, most likely harming small businesses and tip-based workers.

Quote

"Getting snow removal right at the beginning of the season... does set a tone to limit higher costs."

Stringer

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Rats plague

Ignored. City tests a rodent abatement plan, but those most vulnerable are not included.

Carmen Quinones, a tenant organizer at Douglass Houses in Manhattan, has tried working with the NYCHA on the problem.
HANNAH MATTIX, METRO

Weeks after moving into Douglass Houses on the Upper West Side, a resident walked through her living room and ran right back to bed when a rat sauntered leisurely across the room in front of her.

She and her husband had shuffled between homeless shelters for years, waiting to be placed by the New York City Housing Authority in a home of their own. They didn't think the new home would come with rats for roommates.

"They walk in here like they own the place," the woman's husband told Metro. The couple asked not to be identified for fear of angering city authorities.

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public housing residents

While the city government has declared war on rats, the Douglass Houses are just outside an area targeted by the city as a rat reservoir. Even if they were inside the designated area, public housing is not included in the city's rat war.

As a result, the couple — like other Douglass residents who let a Metro reporter into their homes — have been forced to take the rodent problem into their own hands while they wait for NYCHA to step up.

The couple moved into a street-facing unit last year only to find gaping holes that rats and mice used to enter the apartment.

Aside from the general disrepair of broken windows and busted refrigerators, the husband said they were met with at least one dead rodent in a bloody bathtub the day they moved in.

They plugged whatever cracks they could themselves, using foam instead of cement to seal the holes.

A tenant's rat traps at 51-53 Manhattan Avenue / HANNAH MATTIX, METRO

Quoted

"They walk in here like they own the place."

Douglass House resident

They were afraid of opening windows, which would only allow more rats inside.

An elderly woman who's been across the hall for more than 15 years said she spends $300 to $400 a month of her own limited income on cleaning supplies to keep the rats at bay. Giant glue traps were under every table and in every corner in her hallway, kitchen and bedroom.

"I can't sleep at night," she said in Spanish. She said she was told it would be two weeks before anyone could come to her apartment to try to stop the rats.

At least one resident said she also reached out to the Health Department after she began to feel faint and started passing out, she believes from the stench of rat feces.

All the residents Metro spoke with said they'd reached out to NYCHA multiple times, and that attempts to stem the rat plague were handled piecemeal after weeks-long waits — or not at all.

Officials from both agencies told Metro they coordinate efforts on some rat-related programs, and that a NYCHA rep sits on the Health Department's rodent task force. The rat reservoir program is not one of them.

They said residents have already been asked to keep their homes clean and dispose of trash properly. But Douglass residents told Metro they keep their apartments clean, and a visit confirms that.

The rat problem at Douglass has been so pervasive that local lawmakers have done multiple walkthroughs on the grounds for years.

Most recently, City Councilmember Mark Levine and Manhattan Borough President Gale Brewer went to Douglass in September 2014 with both NYCHA and the Health Department. NYCHA adopted some recommendations, such as repairing wire mesh screens, but the chronic rat problem has not abated.

Quoted

"I can't sleep at night."

An elderly woman said in Spanish

Aides to Levine and Brewer provided a list of recommendations they had made to NYCHA, to help stem the rat infestation, including providing more garbage cans with sealable lids, scheduling a meeting with the nearby high school to discuss its maintenance practices, putting out more bait boxes, and teaching tenants how to properly put out their trash.

"We've been doing that," tenant leader Carmen Quinones said, adding that the rats remain. "What are we supposed to do now?"

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Sources. Air Force picks Boeing 747-8 to replace Air Force One

The Air Force will let Boeing Co. build the replacement for Air Force One without competition but allow bidding on specialized equipment for the new presidential aircraft, the service informed Congress.

Air Force Secretary Deborah James on Wednesday signed a document that justifies keeping Boeing as the sole source contractor to provide three modified 747-8 passenger planes, according to an email notifying congressional committees.

The service determined that Boeing's aircraft is the only one manufactured in the U.S. "that when fully missionized meets the necessary critically important capabilities" that the president needs, the email said. The competition would be for systems such as the plane's advanced electronics and communications.

Chicago-based Boeing has been the sole provider of aircraft used by U.S. presidents since 1962, according to its website. BLOOMBERG

The Boeing 747-8 will be modified for the president. / GETTY IMAGES

NFL: America's new soapbox this season

Inflate. The latest issue was cheating accusations against the Super Bowl-bound New England Patriots.

Patriots coach Belichick addresses the crowd during a rally on City Hall Plaza in Boston. / GETTY IMAGES

Talking football in the U.S. now means talking domestic violence, child abuse, bullying, brain injuries, brutality, race, gay rights and good old fair play.

Much against its wishes, the National Football League has become America's great social sounding board. The 94-year-old NFL is a $10 billion business whose games are the most-watched U.S. television programs. Its success in knitting itself into the fabric of American life has also made it a powerful platform for scrutinizing societal ills. The league has long seemed impervious to criticism. Now, after several embarrassments, it says it has erred and has strengthened its policy on conduct.

The Baltimore Ravens banished running back Ray Rice after video surfaced showing him knocking out his fiancee in a New Jersey casino elevator. (In November he won an appeal of a league-wide ban.)

The league was forced to tackle another crisis when the Minnesota Vikings' Adrian Peterson, the NFL's 2012 Most Valuable Player, was indicted on child abuse charges for beating his 4-year-old son with a tree branch. That set off a national debate over the line between discipline and abuse. BLOOMBERG

Players

4

Before the 2014 season was three weeks old, the NFL and its teams had suspended four players accused of beating their wives or children. Though the issue wasn't new, 59 players have been arrested for domestic violence since Roger Goodell became the league's commissioner in 2006.

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Taking on Twitter. Facebook to sell real-time Super Bowl ads

This Super Bowl, Facebook is taking a page from Twitter's playbook, and for the first time during a football championship will sell ads that target people based on what they are talking about in real time.

These include video ads that will play automatically on Facebook's newsfeed, triggered by key words that members mention in their posts as they watch the American football game on Feb. 1.

Smartphones and tablets provide a second screen for the Super Bowl's 100 million television viewers to comment about the game as it proceeds, giving advertisers a more precise way to target messages.

Twitter is the leader in this arena that other social media networks are seeking to emulate. Mondelez International's Oreo sent out clever tweets when the lights went out during the Super Bowl in 2013, a stunt considered to be a marketing coup.

At last year's Super Bowl, marketers on Facebook could target ads to segments of members based on their likes, profiles and demographic information. Facebook has introduced real-time targeting features since then, and this year the social network will customize audience clusters that advertisers can target in real time during the game. REUTERS

Fourth quarter

Facebook tops Wall Street revenue target

Facebook's revenue grew 49 percent in the fourth quarter, as strength in mobile advertising helped the world's largest Internet social network beat Wall Street's target.

The company said on Wednesday it ended 2014 with 1.39 billion monthly users, with 86 percent of them accessing its service on smartphones and other mobile devices.

Mobile ads accounted for 69 percent of advertising revenue in the fourth quarter, or $2.48 billion. REUTERS

IPhone sales trample expectations as profit sets a global record

Watch out. Apple Chief Executive Officer Tim Cook said they would release the Apple Watch in April.

The larger screens are popular in the China market. / GETTY IMAGES

Apple Inc., quarterly results smashed Wall Street expectations with record sales of big-screen iPhones in the holiday shopping season and a 70 percent rise in China sales, powering the company to the largest profit in corporate history.

The company sold 74.5 million iPhones in its fiscal first quarter ended Dec. 27, while many analysts had expected fewer than 70 million. Revenue rose to $74.6 billion from $57.6 billion a year earlier.

Profit of $18 billion was the biggest ever reported by a public company, worldwide, according to S&P analyst Howard Silverblatt. Apple's cash pile is now $178 billion, enough to buy IBM or the equivalent to $556 for every American.

Daniel Morgan, senior portfolio manager at Apple-shareholder Synovus Trust Company in Atlanta, Georgia, said that the report was a good sign in a quarter where big tech companies such as IBM and Microsoft Corp., have disappointed.

Apple Chief Financial Officer Luca Maestri told Reuters in an interview that the company did not sell more iPhones in China than the United States, despite some earlier predictions by research analysts.

Maestri said he does not expect Apple to struggle because of China's slipping economic growth. "We haven't seen a slowdown," he added.

Maestri also said the company doubled iPhone sales in Singapore and Brazil. Apple will reach 40 company stores in greater China by mid-2016, Maestri told analysts on a conference call. REUTERS

China

70%

China revenues were up 70 percent in the quarter from a year earlier. The success in that competitive market can be attributed to its partnership with China Mobile Ltd, the largest global mobile carrier, and the appeal of the larger-screen iPhone 6 and 6 plus.

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2 CULTURE

Twitter feed

Today, Wanda Sykes is finally fessing up, Jason Alexander is getting into the spirit of winter, Chloe Grace Moretz uses a terrifying hashtag, Samantha Ronson feels technology has failed her and Mindy Kaling is calling it a night.

@iamwandasykes: I'm just gonna say it, I've never liked "Always and Forever."

@IJasonAlexander: Finally bought my own ski boots. What a difference! Now my pain and agony belongs truly to me.

@ChloeGMoretz: Just smashed my phone for the 2nd time. These new iPhones break way way easier and faster than the old ones #fingertipsfullofglass

@samantharonson: How is there no app, yet, that lets me know Mercury is in retrograde by breaking my thumbs?

@mindykaling: I finished dessert, let's get the check, I'm sleepy

1 This Jennifer Lawrence-Harry Styles-Adele team-up is the best thing ever

If you thought Jennifer Lawrence would be fun to go drinking with, you're apparently right. But did you know Harry Styles and Adele could be just as fun? Perhaps it was Lawrence's influence on them, but the team-up of the three unlikely friends created one of the best star sightings in recent memory: "Jennifer Lawrence with Adele and Harry Styles at Craig's in L.A., where they were 'laughing, having an amazing time, being loud and throwing olives at people walking by,'" Page Six reports. And, I mean, how can you not love that? Next round's on me, kids.

2 Gabrielle Union doesn't want to talk about her uterus

ALL PHOTOS GETTY IMAGES

"Being Mary Jane" star Gabrielle Union takes issue with some of the tactics of those reporting on Hollywood. "The fact that I can do a press junket for a movie and people ask what's happening in my uterus says a lot," the actress — recently seen in Chris Rock's "Top Five" — tells Yahoo Style. "They want 110 percent of what you have to offer." I sincerely hope she's talking about what she as an actress and celebrity has to offer, and not what her uterus has to offer, because that's just weird.

3 Sam Smith refuses to name nasty pop stars

In a candid, far-reaching GQ Magazine interview, Grammy nominee Sam Smith reveals his desires to be a pop star — but not, you know, be a "pop star." If that makes any sense. "I don't want to lose my mind or my humor. I want to be a pop star, but I also don't want to be a pop star," he says. "I will never act like some of the current pop stars have acted toward me. We can be friends, you know? We can. It's not a competition. There's space for all of us." Frustratingly, he does not name names, but who wants to make guesses as to which divas he's talking about?

Daily video

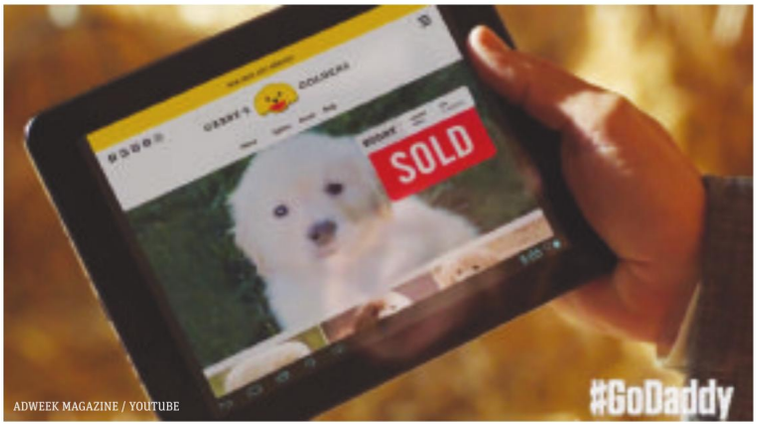
DORKLY / YOUTUBE

The greatest (stupidest) hacking scenes

Those lovable scamps at Dorkly present another "Today in Nerd History," this time focusing on the illustrious history of hacking — and highlighting one little problem: "Most hacking isn't interesting to watch." But that hasn't stopped Hollywood from trying, from films like "Weird Science" to, ahem, "Hackers" to the more recent "Blackhat." But as seasons of "24" have taught us, nerds furiously typing into Telnet windows just aren't that compelling.

4 It's a no-go for Go Daddy's Super Bowl ad

Domain registration giant Go Daddy has been successfully lowering the bar on Super Bowl ad humor for years, but this time they apparently found out how far is too far. Go Daddy insists it's pulling its latest spot from the big game after numerous complaints from animal rights activists. The Budweiser-spoofing ad features an adorable puppy finding its way back home only to discover its owner is selling it. The company says it will still have a presence at the Super Bowl with a backup ad, but this could all be a well-orchestrated stunt to get more attention. Which I clearly fell for. Dang it.



ADWEEK MAGAZINE / YOUTUBE

THE WORD

Ned Ehrbar takes on the world of gossip.

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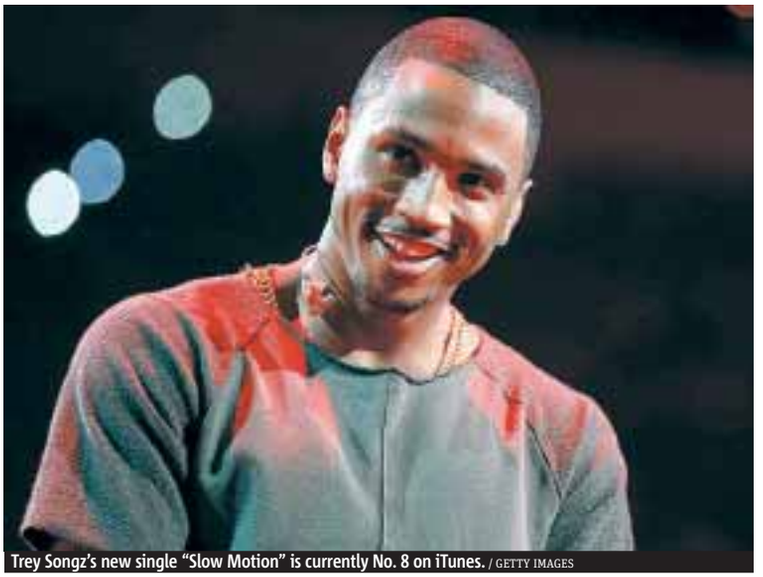
Trey Songz is at the top of his game

Interview. Despite his "Between the Sheets" tour with Chris Brown being postponed, Songz is still thriving.


Trey Songz's new single "Slow Motion" is currently No. 8 on iTunes. / GETTY IMAGES

Trey Songz's new single may be called "Slow Motion," but it's clear he lives life in the fast lane. Steadily releasing a new album every two years with A-list collaborations ("Trigga" boasts hits with Nicki Minaj, Juicy J. and Young Jeezy), his latest debuted at No. 1 one on the Billboard 200. And though his tour with Chris Brown is postponed due to Brown's legal issues, he's pumped for it to finally begin. We talk to him about his latest successes, plus how he manages to be so damn smooth with the ladies.

Why he says "Trigga" is his best album yet: Songz isn't shy about his success. He says that with each album, he just gets better and better. "I've grown throughout the years and have become so seasoned, understanding what I mean to R&B music, hip-hop and pop-culture," he tells us. "The music industry is very single driven, so to have a full body of work that I'm very proud of is something I love."

His thoughts on breakups: Not all Songz's hits are about one-night stands. "What's Best For You" is about moving on after a breakup, which is one of the more sensitive songs on "Trigga." When we asked Songz for his personal tips for moving on, he doesn't seem to have dwelled on being broken-hearted. "It's quite simple," he tells us. "A breakup is about separating yourself from somebody, so you need to focus on bettering yourself. Life isn't about getting hung up on moments, it's about making moments."

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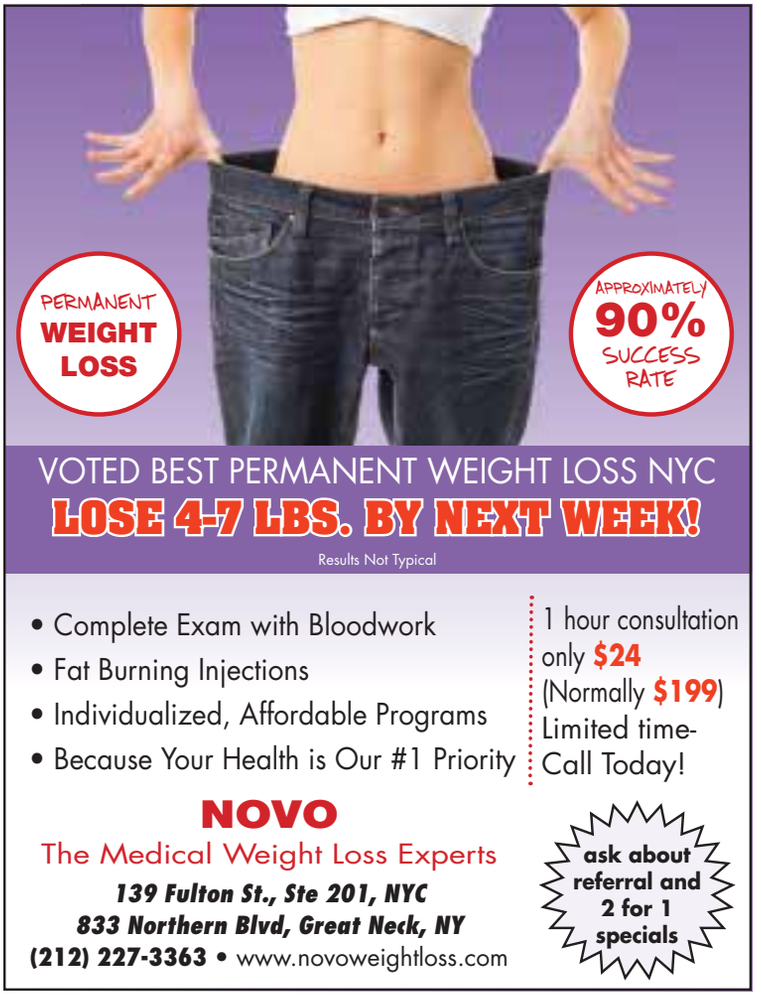
Smooth talker

How to always get the girl

One listen to tracks like "Touchin, Lovin" and "All We Do" shows that Songz doesn't struggle with leaving the club alone. But he says his secret isn't using fame or bottle service, it's being genuine and honest: "It's not about when you're out. It's about when you're talking to a woman and not having it be about anything else except that woman in that moment. Being genuine is going to get you there."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Jude Law under water

Interview. The Oscar nominee talks about pretending to be on a submarine for 'Black Sea.'

Jude Law isn't too sympathetic if you're an American having trouble grasping his Scottish accent in the new English submarine picture "Black Sea." "Imagine what it's like for us when we watch your films," he playfully charges back. "American accents are sometimes so hard. You have to listen harder." Humor is important when it comes to "Black Sea," a dark thriller in which down-and-out mariners take to a rusty submarine to hunt for Nazi gold on the sea floor. But the film's tone never quite got Law down.

How Law adjusted to working in tight confines

"It may sound straightforward, but it's a sense of knowing you can't let people get on your nerves. You have to let go of personal space. As an actor ... [the setting] was incredibly helpful. It added a wonderful element and solved certain issues; this is the space, play it as real. There's a big difference between being in a room this big and playing a drama and [a movie, like "Black Sea," on a sub]."

He likes challenges

"Every part in every film has its hurdles. That's often part of the fun. It's not like I said I'd do this film but I don't like confined spaces. ... I love the physical stuff. It was nearly a week we spent on the sea, and towards the end we were getting rather wet. I loved all that stuff. It was hard work, but it's like being a boy, pretending you're on a submarine. I got to do it kind of for real."

That time Law hung out with actual submariners

"There was a lot of

"EVERY PART IN EVERY FILM HAS ITS HURDLES. THAT'S OFTEN PART OF THE FUN," SAYS LAW. GETTY IMAGES

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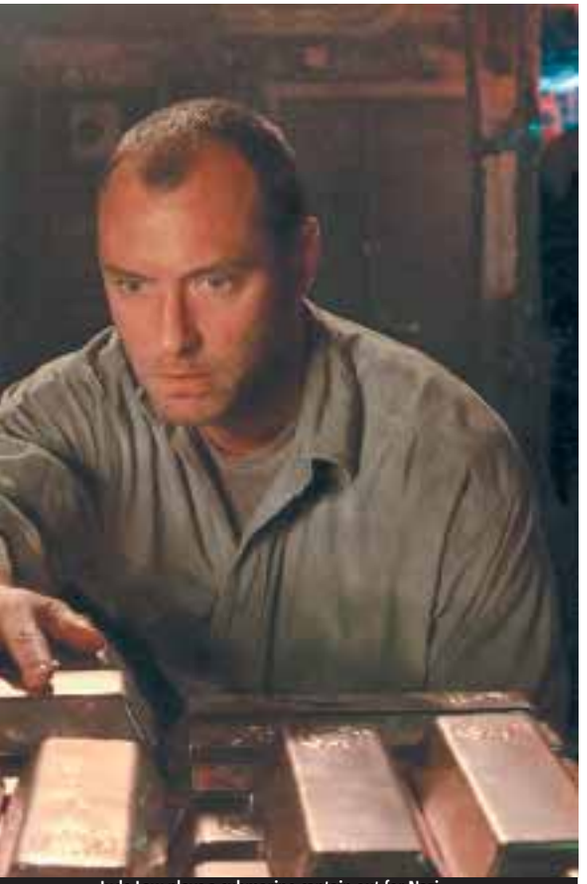

Jude Law plays a submarine captain out for Nazi gold in "Black Sea," out now. / FOCUS FEATURES

singing, a lot of very rude language and insane humor. A lot of ribbing. I went on a royal naval submarine. There was a way they communicated with each other. It was mostly incredibly derogatory. They'd put each other down all the time. But you'd have to laugh at it. You couldn't take yourself seriously. Weirdly, that started to seep into us as a team."

Did anyone pick on him?

"No one took the Mickey out of me — at least not in front of me. Dear Bobby [Schofield], who plays Tobin [a teen who joins the team] — it was his first film. He got a lot."

Does he actually have a favorite role?

"It's always the last one I play. In truth, it really is because it's usually the one I remember best."

Bonus quote

That accent

"It's a very specific Scottish accent. ... I like the idea of hinting at where he came from. It made sense that he didn't sound like a Southeast Londoner, which is my accent. Nor indeed did we want him, for obvious reasons, to sound rather generally upper class. We wanted him to come from somewhere coastal. I liked that he was an echo of his father's experience at the hands of the powers-that-be. Aberdeen is this coastal town, actually called Granite City, known in the '70s for having this huge dock that was shut down by the government.

"I had this idea that his father was one of those guys who lost his job and his dignity, and now it's happening to him."

MATT PRIGGE
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Admit one

1 'Black or White' Remember when Kevin Costner was the world's biggest star? Now he's in every movie. Before "McFarland's" arrives next month, this casts him as a grieving drunk in a custody battle with his granddaughter's black family.

2 'Project Almanac' The sci-fi, found-footage saga created by "Chronicle" and continued with "Earth to Echo" rolls on, this time with a group of friends who invent a time machine.

3 'The Loft' A group of friends — including James Marsden and "Rust and Bone"'s Matthias Schoenaerts — think nothing will go wrong when they chip in for a group penthouse in which to conduct affairs. And then someone gets murdered.

4 Oscar shorts The annual tradition of actually allowing the masses to see what animated and live action shorts were Oscar nominated rolls around, in case you want to get a leg up on your Oscar pool (or just see potentially good films).

5 'Wild Card' Having already remade the Charles Bronson classic "The Mechanic," Jason Statham tackles a one from Burt Reynolds, namely the 1987 thriller "Heat." The badass plays a bodyguard with a gambling problem.

6 'Timbuktu' Oscar nominee for Best Foreign Language Film, it is a detached, sometimes tragic, sometimes comic look at the city under the occupation by Jihadist forces. MATT PRIGGE

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Weekend book picks

You still have a kitchen full of food and booze from the snowstorm that wasn't. Now you have the perfect excuse to spend the weekend cozied up with a new book. Here are three just released page-turners definitely worth the read. **EMILY LAURENCE**

1 'In Some Other World, Maybe'

by Shari Goldhagen

Book critics are fawning over Shari Goldhagen's sophomore release, "In Some Other World." The book starts in 1992 with three different groups of teens all going to see the same movie. Adam is a mama's boy getting ready to head off to college. Sharon struggles to be interested in the things her popular friends want to talk about when she really wants to geek out over comic books. And Phoebe decides to break up with her bookish boyfriend because he does not fit into the new LA life she is imagining for herself. Over the years, their story lines intersect through friendship, sex, fame and tragedy.

2 'Whipping Boy'

by Allen Kurzweil

The craziest thing about "Whipping Boy" is that it's a true story. The author attempts to track down his childhood bully, who tormented him while they attended a Swiss boarding school. His search spans 40 years and he finds the bully has grown up to become an international criminal mired in financial fraud. The book takes readers on a thrilling ride as the two live out their parallel lives, introducing a cast of fascinating characters along the way.

3 'The Extraordinary Journey Of The Fakir Who Got Trapped In An Ikea Wardrobe'

by Romain Puertolas

French writer Romain Puertolas has lived in several European countries working various jobs including DJ, singer-songwriter, translator, steward and police inspector. Perhaps it's his eclectic background that gives him his quirky writing voice. In this book, a con-artist hides in a wardrobe in an Ikea store, leading to a series of unfortunate events. While hiding from a taxi driver dead set on revenge, he makes some unlikely friends along the way.

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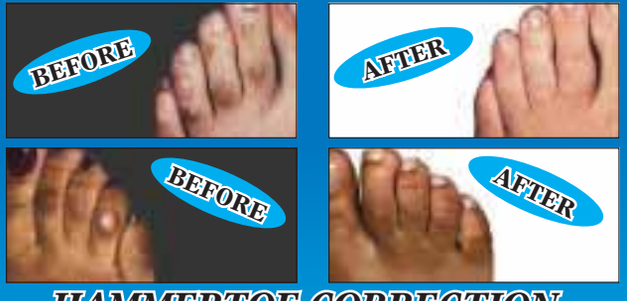

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Natural wonderland

Adventure sports and wildlife watching in the tropical wetlands of South Florida.

NATIONAL PARK SERVICE/RODNEY CAMMAUF

ISTOCK

Romance and wine in the Finger Lakes

Explore delightful Corning and the wineries of upstate New York.

Natural wonderland

When it comes to activities in Florida, many visitors head straight for the theme parks. But southern Florida offers outdoor adventures with thrills way beyond roller coaster rides.

Famous for its alligators and manatees, South Florida also has fantastic camping, hiking, zip lining, skydiving and plenty of other activities. And there's no place greater than the Everglades, with its more than 700 square miles of wetland.

Drive an hour from Miami and you're in the Everglades National Park, where you could kayak in total peace, the silence broken only by the occasional splash of a paddle and birds calling in the trees. There's plenty of hiking, biking and fishing too, with activities organized by park rangers or approved private companies.

From any of the main South Florida cities like Miami or Fort Myers, you can easily book a few days or a few hours of outdoor adrenalin, or opt for some wildlife watching. There's one fascinating creature that should be on everyone's list: the manatee. Sure, you can see them in captivity, but nothing beats seeing them in the wild.

Just 20 minutes from downtown Fort Myers is Manatee Park **(www.leeparks.org)**, where you can see these gentle giants from November to March. Companies like See Manatees **(www.see-manatees.com)** also offer boat trips guaranteeing sightings.

INSIGHT GUIDES / MIKE GERRARD AND DONNA DAILEY

Top five

Outdoor adventures

1. Kayaking in the Everglades
Numerous companies offer these trips, including Shurr Adventures **(www.shurr adventures.net)**, based in Everglades City. Expect to see alligators, hawks, dolphins and manatees.

2. See manatees in the wild
Another place to see manatees is the Manatee Observation and Education Center **(www.manatee center.com)** in Fort Pierce. Or take a kayaking tour with Manatee Guides **(www.manateeguides.com).**

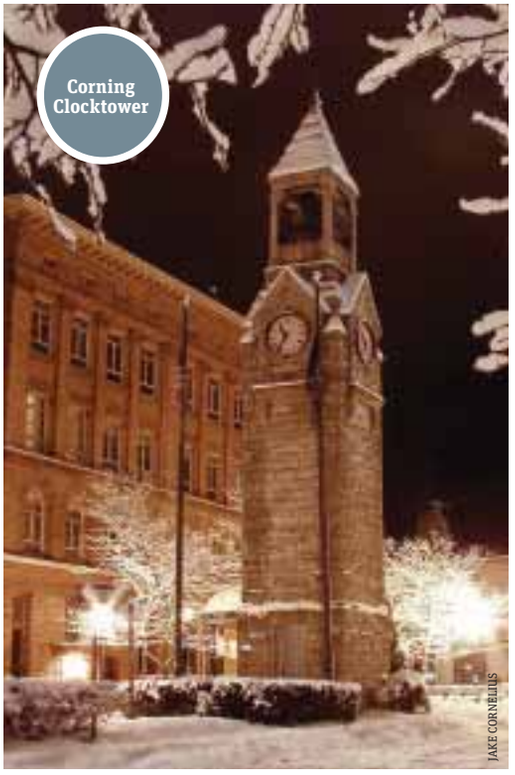
3. Skydiving
If you think a roller coaster is the ultimate thrill, try free falling at 120 mph for 35 seconds. Adrenaline365 **(www.adrenaline365.com)** offers skydiving.

4. Snorkel the Dry Tortugas
Dry Tortugas National Park **(www.nps.gov/drto)** is a group of islands 67 miles west of Key West. It's one of the least accessible national parks, and snorkelers will appreciate the water clarity.

5. Meet a 'gator
See alligators and other wildlife on the Aningha Trail, near the entrance to **the Everglades National Park (www.nps.gov/ever).**

Romance and wine in the Finger Lakes

Weary of winter's gray doldrums? Ready for an escape to wineries, intimate hideaways and pampering without needing a plane ticket or passport? New York's Finger Lakes region promises just that.



In this pristinely beautiful part of New York State, B&Bs and country inns dot the landscape. Colonial farmhouses, rustic lodges and lovingly restored Victorian mansions offer scenic views, romantic ambiance and lavish amenities.

The region's spas are the perfect place to rejuvenate from the season's excesses. There are the usual array of massages, facials and manicures, but the real fun comes from trying each spa's unique treatments. Fancy a seaweed body wrap? How about a pecan pie exfoliation scrub?

With over 100 wineries, the Finger Lakes is New York's largest wine-producing region. The wines are well respected, but because most of the wineries are small, they generally have only local distribution. Three self-guided wine trails lead you to nearly 60 wineries (and one cidery), while a separate trail covers micro-brews and distilleries. Visit www.fingerlakeswinecountry.com for details.

Travelers flock to the Finger Lakes region for the wineries, museums, shops and spas.

Corning is the area's arts and shopping hub. The restored Victorian buildings on Market Street house over 100 antique emporiums, music stores, art galleries and specialty shops. Corning's economy was built on glass-blowing, and The Corning Museum (**www.cmog.org**) is a testament to its history. The Rockwell Museum (**www.rockwellmuseum.org**) explores the American experience through artists from Frederic Remington to Andy Warhol. For performing arts, check the schedule of performances, concerts, and film at the Smith Opera House in Geneva **(www.thesmith.org)**.

Tiny Hammondsport is home to the Glenn H. Curtiss Aviation Museum. Curtiss is considered the father of naval aviation, and the museum is filled with aircraft and a collection of antique motorcycles.

Outdoors, Watkins Glen State Park boasts 19 waterfalls, some of which can be seen from the rim trail around the park's gorge. You can also take a moonlight horseback ride through the snowy landscape at Painted Bar Stables.

Diners fret over where to go for meals here, because there are so many options, including barbecue, Irish, Indian, farm-to-table, fusion, tapas at a winery or entrees at a restored train station. There are dozens of packages available that combine accommodations, meals, admissions and tickets for attractions or events. The Corning/Finger Lakes website **(www.cornfingerlakes.com)** has a comprehensive list, as well as all sorts of other travel advice. **INSIGHT GUIDES | FRAN SEVERN**

Don't miss

- **Market Street, Corning**
Head to the Victorian heart of town, with five blocks of shops, galleries and restaurants.
- **Corning Museum of Glass**
Sign up for a 40-minute, make-your-own pendant or ornament class.
- **Rockwell Museum**
Check out the "American experience" as interpreted through the eyes of historic and contemporary artists.
- **Wineries**
More than 50 of the area's 100 wineries have self-guided wine trails.
- **Tiffany and Treasures Trail**
A self-driving tour of artists' studios, with an emphasis on glasswork and pottery. Visit cornfingerlakes.com.

From farm to beauty cabinet

Natural skincare. Expert Tata Harper on why going organic is easier (and more effective) than you think.

Don't kill us. You're about to rethink your favorite beauty products.

"A lot the ingredients [in cosmetics] are used in the car industry. Chemical emulsifiers, battery acids — and the sad part is, these ingredients aren't there to make you beautiful, but to make the product work," says natural skincare expert, Tata Harper.

"They are super cheap industrial chemicals. But they make the formula feel amazing and last 12 years on the shelf without going bad."

Harper, a favorite among beauty insiders, came to this realization after her stepfather was diagnosed with cancer. "I ended up going to wellness centers and it really opened up my eyes to how important it is that the things we use everyday are completely non-toxic."

The former industrial engineer had found her calling. She then spent five years working with biologist and chemists to perfect her high performing synthetic-free formulas. She now produces everything for her eponymous skincare line — from the botanical ingredients to packaging material — from her 1,200 acre, certified organic farm in Vermont. We chatted with Harper about advances in natural beauty and when we should start slathering on anti-aging products.

For people who want to switch to natural products, where should they start?

Whether you're using natural or any other product, I always say start with things like cleansers, toners or masks. These are not a big financial commitment and will give you an idea on if you're going to like the products overall. I also say start with things that are not huge anti-aging pieces of the puzzle. It's not your eye cream, your serum or your moisturizers.

What natural ingredients are you loving?

The most impressive are the new neuropeptides. They basically give you the effects of Botox. You feel complete relaxation of your muscle, obviously not of your full muscle, which is great because that means you don't lose expression in your face. But you get a relaxation of the wrinkle.

Visit **Metro.us** to get Tata Harper's recipe for a homemade face mask.

Why you should switch

"Now there's a huge movement around the world with people trying to live better and make better choices to improve their quality of life," says Harper. "When [natural products first launched] you found them in apothecaries and supermarkets, but now natural technology has really taken off and you can do almost anything you can do with synthetics, with natural alternatives. And the thing is they'll make you beautiful and keep you healthy."

What are some advances in natural skincare right now?

Now you can find a lot of natural stem cells, which help regenerate the skin. Also, there's a lot of plumping ingredients. They're kind of like fillers but applied topically. And what happens is they go to your hypodermis, like your fat cells, and basically make your fat cells fatter and pump up the volume from within. You can find that in our product Elixir Vitae.

At what age should people start using anti-aging products?

I think late 30s would be a good time because when you're trying to fight aging, you want to be really proactive. You don't just want start using serums when you're already full of wrinkles.

What's the most important part of a beauty regime?

There's nothing more important than serums or eye creams. Those two things are your real workhorses for the skin to drive collagen and anti-aging benefits. But the reality is if you don't clean your skin well and you don't exfoliate, 70 percent of those serums are never going penetrate. A good cleansing/exfoliation is vital.

What are your favorite products from your line?

The Regenerating Cleanser, the Resurfacing Mask and the Elixir Vitae, which is the star of the show.

RESURFACING MASK, $55

Harper tends to her Vermont farm, which features a flower garden and a lab. / PROVIDED

TINA CHADHA
@TinaatMetro
tina.chadha@metro.us

Some of Harper's favorite beauty products

The secrets to having a happy marriage

Expert tips. A successful partnership takes effort.

Most of us have heard the commonly parroted statistic that half of all marriages end in divorce. The good news, experts say, is that the real divorce rate is actually much lower — roughly one-quarter of first-time marriages end in divorce, according to a 2014 CBS News report. The report also found that four out of five married couples are indeed happy.

So what do these happily married folks know that the rest of us don't? According to Alisa Bowman, marriage expert and author of "Project: Happily Ever After," having trust in your relationship is key.

"At one point, my marriage was pretty bad, and now it's really good," Bowman says. "One of the main differences when I compare the two is that now, I always know we're going to be OK. I have this trust in our relationship that I didn't have before."

Looking to live happily ever after? Here are a handful of relationship tips that Bowman has learned through her research and her own time in the trenches.

Your partner's needs are just as important as yours

"What I have found from interacting with unhappily married people, and from being a former unhappily married person, is that when your relationship goes bad, you start to have this false belief that your stuff is more important than your partner's stuff," Bowman says. Learn how to compromise and focus on strengthening the partnership.

Make time for touching

Regular touching is a surefire way to up the intimacy in your relationship. This doesn't necessarily mean sexual touching, although that's equally important. It's more about finding subtle ways to physically connect with your partner. When couples are happier, they're more likely to hug.

"If you want to feel more connected, touch is something that can bring you closer initially," Bowman advises.

MARIANNE HAYES
metronewyork
letters@metro.us

The wedding day is the easy part of the marriage. / ISTOCK

Communication

Compliment more than criticize

If finding faults in your spouse is a knee-jerk reaction for you, it could be toxic to your marriage. According to Bowman, research has shown that happily married couples tend to compliment one another five times as often as they criticize each other.

"It's one of those things that needs to be a habit," she says. "One of the reasons it can really help is that we're experts at finding problems, but we're out of practice with finding the beauty in our lives."

"Start by looking for kindness," Bowman says. "How was my spouse kind to me today? You might come up blank at first, but then it becomes really easy."

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All- you-can ...

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645 Ninth Ave.

Get treated right at this Super Supreme party. Watch the game on their big-screen projection TV while making your own (informal, of course) contest of the all-you-can-eat wings and ribs, washed down with all-you-can-drink Miller Lite drafts ($45).

Ribalta

48 E. 12th St.

A hit with the gluten-free lot, this Neapolitan pizzeria will be showing the game on a 17-foot projection screen, in case your vision starts to blur while partaking in its $50 all-you-can-drink beer and wine special.

The Gander

15 W. 18th St.

The Flatiron restaurant is loosening its tie and rolling up its shirtsleeves for its first-ever Super Bowl party. $55 gets you unlimited wings, sliders, ribs and more, as well as coolers and kegs of Budweiser and PBR, and punch bowls of a special game-day cocktail. They're holding a wing-eating contest too. It runs "4 p.m. until victory."

Louro

142 W. 10th St.

If you like your Super Bowl kicked up a notch, this place has a spicy menu ($75) of unlimited pork belly sliders with smoked paprika aioli, Nashville-style hot wings and more, plus draft beers and house wines. Party begins at 5:30, and tickets must be purchased in advance.

DBGB Kitchen and Bar is about quality over quantity for game-day fare — though at $10 for a housemade hot dog and beer, it can be both. / PHOTOS BY VIRGINIA MAE ROLLISON

Eat like a champion

Super Bowl. Your sofa has been there all season, but it's time to go big for the big game.

Whether you're avidly following #DeflateGate or just watch football on one Sunday a year, if you're eating good food with a rowdy crowd, then you've already won the Super Bowl.

For the Patriots fans

Chapter One executive chef Warren Baird is rooting for New England with an entire menu of food and drink specials, like 25-cent bourbon-glazed duck wings, clam chowder and $1 oysters, pork belly sliders and PBR cocktails, among others. During commercials, take part in parlor (read: drinking) games, because the party doesn't stop just because the action on the field does. **33 Greenwich Ave.**

Elevated bar fare

Class up your game day food at DBGB Kitchen and Bar, where $10 will get you a draft beer and any of its housemade hot dogs that are nothing like you'd find at any ballpark or grocery store. Sliders and po'boy specials are also available as you watch the game on a 100-inch projection screen. They also have platters if you're more into impressing guests at your pad. **299 Bowery**

The best deal

At Humboldt & Jackson, $10 in advance ($15 at the door) gets you as many wings as you like alongside specials on beer pitchers while you watch the game on a 120-inch projection screen — or save your appetite for the halftime wing-eating contest (there might also be beer pong for noncompetitive eaters). Send an email to get in on the action or to reserve a table. **434 Humboldt St.**

Your nicer living room

Upper West Side cocktail parlor Manhattan Cricket Club is already set in the lux apartment you wish you had. Well, on Super Bowl Sunday, it can be yours for $750 (15 guests) or $1,000 (20 guests). The all-inclusive party packages include a private room with a television, server, unlimited beer, wine and two signature drinks, as well as gastropub grub like fried oysters, risotto fritters, crispy pork belly, sliders and more.

Throwing a party for the big game? Visit **Metro.us** for recipes.

EVA KIS
@thisiskis
eva.kis@metro.us

Bring the party to your apartment

Delicatessen: Imaginative appetizers like Korean fried chicken and cheeseburger spring rolls are available for delivery, as is neighboring Macbar's selection of 12 mac & cheeses – even the Classic is made with three kinds of cheese, so don't expect a one-note bite. One tray feeds about 20. **delicatessennyc.com**

Talde: Place your orders by today for pickup on Sunday of various size platters heaping with kung pao wings, char siu spare ribs, pork belly bao, dumplings and, of course, an Asian take on guac and chips. **taldebrooklyn.com**

Breads Bakery: Chips out of a bag? Don't be basic. Get a proper Super Bowl Platter ($24) with three kinds of crispy bites like baguette chips, cumin sticks, mini olive sticks or spicy cheese straw bites, and a choice of their housemade dips. **breadsbakery.com**

Pizza Italia: Get 15 percent off menu prices in addition to two classic Italian platters that feed four to six ($55) or eight to 10 ($105). **pizzaitaliany.com**

FoodyDirect: Planning to go all-out? Instead of ordering it all from one place and knowing that someone else makes better guacamole, or the wings may be great but you really want the ribs from another place, this site has done all the game-day curating for you with some of the best local (Mile End Deli) and out-of town eats (Duff's Famous Wings). **foodydirect.com**

Who says there's only one way to make a cheeseburger? DELICATESSEN

ARTS

'Broadway Revealed: Photographs'

Through Saturday
Vincent Astor Gallery
40 Lincoln Center Plaza
Free, www.lincolncenter.org
Everyone wants a glimpse of what goes on behind the curtain, and this is the last weekend to find out. Browse Stephen Joseph's work exploring the rehearsal studios, the process of workshopping a piece and the work of designers and other creators who rarely get to share the limelight. The event is free during hours of operation, which are noon to 6 p.m. except Mondays and Thursdays, when the gallery closes at 8 p.m.

CABARET

Gone Too Soon: Whitney Houston Tribute

Saturday, 4 p.m.
Metropolitan Room
34 W. 22nd St.
$22.50-$115,
www.metropolitanroom.com
We'll always love you, Whitney. Cabaret producer Joseph Macchia pays tribute to the diva with a show of talented singers taking on some of her greatest hits. There's a two-drink minimum per guest (waived with ticket packages).

CULTURE

American Indian Show

Friday-Feb. 14, various times
Theater for the New City
155 First Ave.
$10, theaterforthenewcity.net
Celebrate Native American culture through music, stories, costumes and dance as the Thunderbird American Indian Dancers perform their 40th annual concert.

FESTIVAL

COLIN MILLER

Winter Carnival

Friday-Saturday, noon-10 p.m.
Bryant Park, 42nd Street between Fifth and Sixth avenues; Entry is free, www.nygovparks.org
While the ice rink is open daily, there's more wintry fun to be had this weekend as Bryant Park hosts its first annual Winter Carnival at the Bank of America Winter Village. Activities will include a silent disco party, ice golf, curling lessons and a summer-themed skate night. Stop by the Outdoor Winter Brew House for beers and food from Mighty Quinn's, Milk Truck, Sigmund's and Breads Bakery.

MUSIC

Jack White

Friday, 8 p.m.
Madison Square Garden, 4 Pennsylvania Plaza
$29.50-$65, www.thegarden.com
Jack White brings his second solo album, released last June, to the city this weekend with the "Lazaretto" world tour, accompanied by Run the Jewels. Trivia: White recorded and pressed "Lazaretto" on the same day, Record Store Day, in an effort to break the Guinness World Record for fastest record. (He succeeded.) He's also in the running for another distinction next weekend: the Grammy for Best Rock Song.

GETTY IMAGES

FILM

NY Wild Film Festival

Today-Saturday, various times
The Explorers Club, 46 E. 70th St.
$50, www.nywildfilmfestival.com
Unrelated to the new movie with Reese Witherspoon, this fest presents features that explore the great outdoors and all who work, play and live there. Saturday's shows are sold out, but weeknight passes are still available.

ANDY MCCANDLISH

MUSIC

John Reilly and Friends

Friday, 8:30 p.m.
The Appel Room
10 Columbus Circle
$75-$190, www.jazz.org
Renaissance man John Reilly (whose roles range from "The Hours" to "Step Brothers," and most recently, "Guardians of the Galaxy") steps offscreen for a one-night-only, live musical performance as part of Jazz at Lincoln Center. That's right: He sings and plays instruments, too. It's a night of folk songs, bluegrass and country where Reilly is joined by musical guests Becky Stark and Tom Brousseau (plus a few surprises).

IMPROV

The Manning Brothers' Super Bowl Party

Sunday, 6:15 p.m.
UCB East Village
153 E. Third St.
$5, www.ucbtheater.com
Want to do something for the Super Bowl without actually needing to pretend you know anything about football? The Manning brothers have got you covered at Upright Citizens Brigade. You see, Eli and Peyton seem to have had their usual Super Bowl party, at their Louisiana home overrun by opossums. So they had to bring it on over to the East Village.

THEATER

TinyRhino: Twisted Tales

Feb. 3, 8 p.m.
Littlefield
622 Degraw St., Brooklyn
$10, www.uglyrhinonyc.com
Three words: theatrical drinking game. Six 10-minute plays each integrate five keywords or gestures that you'll find on your program; each time one of them happens onstage, everyone takes a drink. It's a little classier than the drinking games we all played in college, but just as hysterical. This monthly event has been going strong in Park Slope since 2010.

T. MICHELLE MURPHY

Last chance. 3 major exhibits are closing at the Met this weekend

If you go

The Metropolitan Museum of Art

1000 Fifth Ave.
$25 (suggested)
metmuseum.org

Forecasts have been wrong before this week, but the weather is supposed to stay below freezing for all of Saturday and Sunday. Well, good thing, too, because it's a great time to hide out at the Met, since some notable exhibits are closing on Feb. 1, and the massive Leonard A. Lauder collection of Cubist paintings is rounding out its run on Feb. 16.

El Greco in New York: Though much of his work consisted of religious scenes, the Spanish painter was renowned for his portraits, conveying not just the subject's likeness but also their character.

Splendor and Eroticism in Imperial Prague: Working for the Catholic church didn't dull Bartholomeus Spranger's "immense aptitude for composing allegories featuring amorous couples entwined in complicated and seemingly impossible poses," per the Met.

Death Becomes Her: Mourning garments were traditionally plain, but you just couldn't keep those flamboyant Victorians down.

EVA KIS

The Victorians elevated mourning attire. / METROPOLITAN MUSEUM OF ART

Horoscope

Aquarius | Jan. 21-Feb. 18 Be prepared to face opposition. Family members will not be happy with the number of hours you have been spending at work.

Pisces | Feb. 19-March 20 Don't give away your secrets. You can prosper if you focus energy on your work and present your accomplishments independently.

Aries | March 21-April 20 You can make professional gains if you talk to your boss about your findings. Promotions will be yours if you have acted competently in times of crisis.

Taurus | April 21-May 21 Reading books on philosophy and self-awareness will bring about a definite change of attitude. You can influence those around you by sticking to convictions.

Gemini | May 22-June 20 Your curiosity will force you to do some research. Your interest in moneymaking looks prosperous, as long as you do your homework.

Cancer | June 21-July 22 Romance will find you if you participate in group events. Don't be too eager to talk about yourself. If you listen, you'll learn a great deal.

Leo | July 23-Aug. 22 Deception is apparent if you are dealing with your peers. Don't give away your secrets if you don't want them circulated.

Virgo | Aug. 23-Sept. 22 You may want to change your direction. Don't be afraid to try something new. Your interesting approach to your work will be appreciated by the right boss

Libra | Sept. 23-Oct. 22 Don't be too quick to make decisions regarding legal matters. You will have to go over contracts with a fine-toothed comb.

Scorpio | Oct. 23-Nov. 21 Expect your partner to be unstable. Empathy will be a must when dealing with loved ones. Give them a chance to explain the way they feel.

Sagittarius | Nov. 22-Dec. 21 Don't let love interests at work stand in the way of your performance. You need to do the best job possible if you want to hang onto your position.

Capricorn | Dec. 22-Jan. 20 Spend time making personal improvements that will help you feel better about yourself. EUGENIA LAST

Sudoku: Easy and hard

4				5		1		
		1	2		7		9	
	7				4		8	
	6	7	1	9				
			5	8	6			
				7	3	5	1	
	1		8				2	
	2		7		9	6		
		5		2				3

9	6			7	3		1	4
	2		8		9			
7				2				9
8		7						
	1						5	
						4		1
1				4				3
			7		5		9	
5	3		6	9			4	7

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters to the editor

Mug shots reveal an unhappy truth

Re: 'The wrong impression' (Metro, Jan. 27) In response to Mr. Glover's letter to the editor, the fact of the matter is that the Metro publishes mug shots of all criminal suspects regardless of race, creed, or national origin. Mr. Glover seems to be upset at the possibility that the majority of these suspects are African-American.

The news media has the responsibility to the public to publish these photos of these alleged wrong-doers.

I think what Mr. Glover REALLY wants is an exemption of mug shots for African-American suspects. Ridiculous.

This so-called "wrong impression" stems from all the violence that goes on in African-American neighborhoods on a daily basis, not from the news media, not from mug shots. Face the reality. Deal with it.

VINCE WASSIL, VIA EMAIL

Editor's note: We want to hear from you! How did you respond during the blizzard? Did you think city government's response was adequate or overblown? Send letters with your full name and city of residence, to letters@metro.us.

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Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Crossword

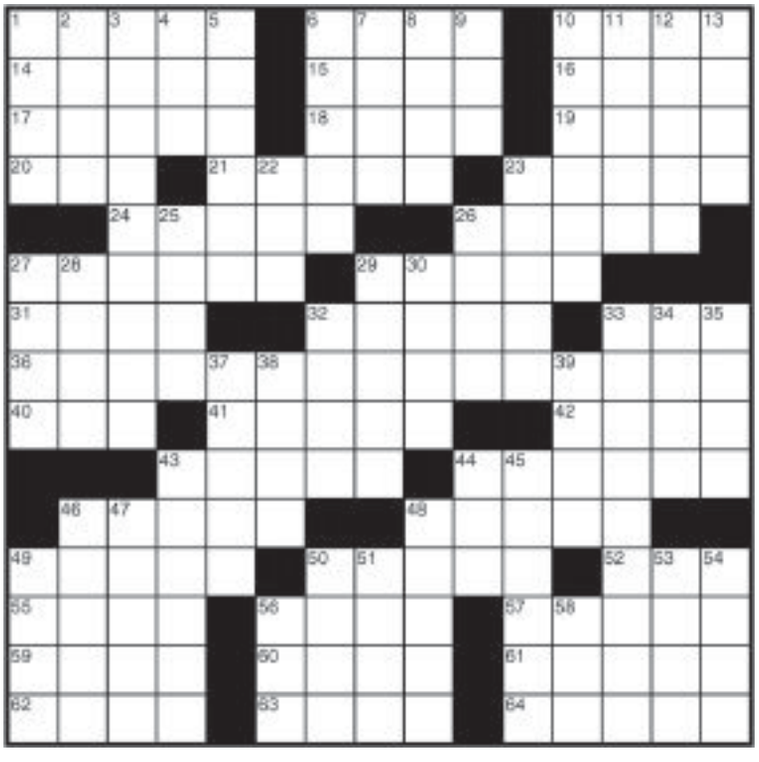
Across

1 Play guitar
6 Hound's trail
10 Stole
14 Rodeo venue
15 Paper toy
16 Mental power
17 Name in jeans
18 Rara —
19 Newsman — Abel
20 Literary monogram
21 Georgetown alums
23 Vex
24 Hits the fridge
26 Sierra — (Mexican range)
27 Grated
29 Purifies water
31 Cow-headed goddess
32 Almond confection
33 Pollen spreader
36 Go over with a — —
40 Follow closely
41 "— la vista!"
42 BBs
43 Floats on a breeze
44 Sikh headwear
46 Looks at
48 Brainy club
49 Lahr and Parks
50 Brief review
52 Mme. in Madrid
55 Graceful horse
56 Mich. neighbor
57 Room at the top
59 Film terrier
60 Brand for Bowser
61 Kind of potato
62 Crystal-gazer
63 Withhold
64 Cute

Down

1 Ice melter
2 Uno y dos
3 Turning around
4 "Corn" intro
5 Golfer's iron
6 Rubber-stamps
7 Aria performer
8 Elevator pioneer
9 Musical notes
10 Wool fabrics
11 Fuel tanker
12 Uniform color
13 Kandinsky contemporary
22 Spooky, maybe
23 Grew ashen
25 Basilica area
26 Wee parasite
27 Falling out
28 A chunk of the globe
29 Fiberglass bundles
30 Job-safety org.
32 Upright timber
33 Pompous
34 The avenging Mrs. Peel
35 Poet's black
37 Becomes friendlier
38 Lummoxes
39 Freeway cloggers
43 Hotel-suite amenity (2 wds.)
44 Kind of party
45 Like some debts
46 Doggerel
47 Very upset
48 Hatfield foe
49 Meadow murmurs
50 Exasperate
51 NFL broadcaster
53 Jeopardy
54 Stiff and sore
56 Bankroll
58 Capote on Broadway

Yesterday's answer



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Hey, at least we don't cheat

OPINION

KRISTIAN DYER
@KRISTIANRDYER
Kristian Dyer is a columnist and the New York Jets beat writer for Metro.

The way Tom Brady and the Patriots have gotten to the top of the NFL's mountain is more than a little shady. / GETTY IMAGES

We may not be very good, but at least our balls are fully inflated.

There is no denying that 2014 wasn't a very good year for sports in the tristate area. The Knicks are simply horrid and are borderline unwatchable. The Giants and Jets missed out on the playoffs again and there was no postseason baseball for the Yankees or the Mets. The Nets are a mess on and off the court and outside of the success found on the ice by the Rangers and the Islanders, area sports fans are being frozen out from cheering for the early part of this year.

Yet, as the losses continue to mount, at least our teams lose with dignity. That's a far cry from the cheating to the north.

What the recent Deflate-gate shows is that the road to success is often tainted with a dubious shortcut or two. Whether the Patriots willfully engaged in the deflating of their gameday balls in order to gain a competitive advantage is one thing, but it is the latest black-eye for an organization that has been as close to dominant this century as any in the four major sports leagues. Now, perhaps, we begin to see how and why those great Pats teams got that way.

But to build a dynasty this way, on the foundation of Spygate and Deflate-gate — well, we'd much rather lose like the Knicks than win like the Patriots.

With three Super Bowl wins since 2001, the Patriots seemed to be that team built the right way. They drafted well, the story of late-round pick Tom Brady evidence of their scouting department's acumen. The roster was augmented with savvy free agents and win after win rolled in under the watchful, hoodied eye of their curmudgeon of a head coach. This team was built for sustainable success and this year, they seemed ready for a run at their first Vince Lombardi Trophy since 2004.

Then the wheels came off the lead car in their championship parade, followed by the air being let out of their tires.

What the Patriots have done since 2001 is win a lot of games. They have six conference championships and 12 playoff appearances in that stretch. That's more success than any New York area team over the past decade. But they've apparently cheated to get there.

The Knicks, that three-game win streak from last week notwithstanding, are the Washington Generals of the NBA this year. They have a hard enough time getting the ball up the court let alone competing in most games. The coaching isn't very good and the players are worse than the coaching. There still isn't any type of cohesive plan coming from on high, not even with Phil Jackson overseeing things.

But, they haven't cheated to get their handful of wins (if they have they're really bad at basketball and cheating). They've gone out there and, in their own inept way, have left it all on the court.

The same can be said for the other messes of last year in New York sports as the Yankees, Mets, Giants, Jets and everyone else may have stunk, but they played the game the right way.

That makes them all easier to cheer for this time of year than the Patriots. Even if our teams don't give us much to actually cheer about.

Super Bowl XLIX

Seattle defense brings the boom

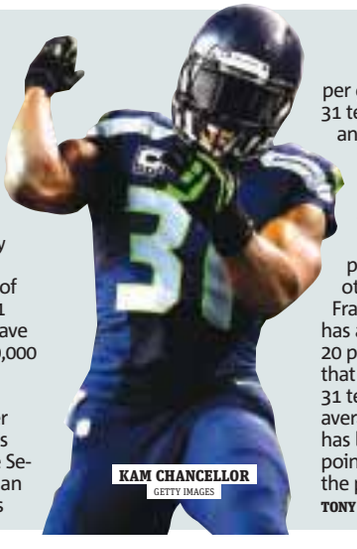
Last year's Super Bowl pitted the greatest single-season offense in NFL history in the Denver Broncos against these very same Seahawks, who turned in one of the greatest single-season defensive efforts in league history. This year's Patriots aren't far behind Denver in terms of offensive potency.

Should Seattle best New England, one could argue that this current Seahawks defense is the greatest of all time. Now, for the old-school football fans, there's still nothing coming close to the mid-1980s Chicago Bears defense, or the 1970s "Steel Curtain" outfits that carried the Pittsburgh Steelers to four Super Bowl wins. But when considering the era in which the Seahawks dominate, it's not such a far-fetched thought. Today's league makes it nearly impossible to field a great defense, as the stringent pass-coverage rules take away a defensive back's aggression and physicality.

"The way they create competition, find players and develop players [is impressive]," Patriots head coach Bill Belichick said. "I've definitely taken things from it, tried to apply it to our team. They are very consistent."

During the course of the last three years, 31 of the 32 NFL teams have allowed more than 10,000 passing yards. Seattle is the lone exception, as it has allowed fewer than 9,000. During this three-year stretch, the Seahawks have allowed an average of 282.3 yards per game, while the other 31 teams have allowed an average of 350.1 — with no other team allowing fewer than 310. And, since 2012, the Seahawks have allowed 15.2 points per game. Only one other defense (the San Francisco 49ers, 18.4) has allowed fewer than 20 points a game during that time, and the other 31 teams have allowed an average of 23.2. Seattle has led the NFL in fewest points allowed in each of the past three seasons.

TONY WILLIAMS



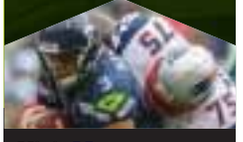
KAM CHANCELLOR
GETTY IMAGES

3 SPORTS

NBA

'70s Knicks deflated balls

While New York's current crop of teams don't seemingly "cheat," one of the city's most celebrated units did push the envelope when it came to "deflating." A 1986 Chicago Tribune article by Sam Smith was making the Internet rounds Wednesday and it stated that the early 1970s title-winning Knicks used to intentionally deflate basketballs in order to slow down fast-break teams and allow the undersized Knicks to clear the boards. Phil Jackson tweeted about it Wednesday, saying, "Ball has 7-9 lbs PSI. We wanted 7 PSI — softer, but not illegal."



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Notice of Qualification of 700 Pharmacy LLC. Application for Auth. filed with the Secy. of State of New York (SSNY) on 10/16/2014. Office location: NY County. LLC formed in Pennsylvania (PA) on 11/09/2012. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 700 Pharmacy LLC, 700 East Townshipline Rd, LL1, Havertown, PA 19083. Arts. Of Org. filed with PA Secy. of State, 401 North Street, Harrisburg, PA 17120. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number TBA for Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 930 Hutchinson River Parkway, Bronx, NY 10465, for on-premise consumption. Trump Ferry Point LLC.

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Notice of Qualification of Insight Pharmaceutical Solutions, LLC. Application for Auth. filed with the Secy. of State of New York (SSNY) on 11/19/2014. Office location: NY County. LLC formed in Pennsylvania (PA) on 9/12/2013. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to LLC c/o Incorp Services, Inc., One Commerce Plaza, 99 Washington Ave. Suite 805-A, Albany, NY 12210-2822. Albany County. Arts. of Org. filed with PA Secy. of State, 401 North St., Rm 456, Harrisburg, PA 17120. Purpose: any lawful activity.

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REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

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